

# - 2017 - Lenten Dates to Remember - 2017 -

**Ash Wednesday, March 1<sup>st</sup>**, Mass & Distribution of Ashes: 6:30 am, 12:10 pm, & 6 pm at IHM in Los Alamos  
Liturgy of the Word & Service of Ashes Only: 6 pm – St. Joseph’s in White Rock

## Mass Schedule

<u>Day</u>	<u>Mass Times</u>
Sunday	9 a.m., 11:30 a.m.
Monday	6:30 a.m., 9 a.m.
Tuesday	6:30am, 9am-St. Joseph’s, White Rock
Wednesday	(No Mass on Wednesday)
Thursday	5:30 p.m. (Except April 6 and 13)
Friday	12:10 p.m. (Except April 14)
Saturday	4 p.m.-St. Joseph’s; 6 p.m.-IHM

<u>Confession Times</u>
<b>Sunday:</b> Between Masses and after 11:30 a.m. Mass until last penitent
<b>Penance Service:</b> 6:00 p.m. at IHM, Monday, March 20th—with 5 priests.
<b>Thursday:</b> 4:00 - 5:15 p.m.; NO Confessions on Thursday 4/6-Christm Mass
<b>Friday:</b> after the 12:10pm Mass (NO CONFESSIONS on Good Friday)
<b>Saturday:</b> 2 p.m. at IHM <i>except Holy Saturday 4/15, and last Saturday of the month</i> Last Saturday of March (3/25) 3 p.m.—at St. Joseph’s in White Rock

## **Sunday Evening Prayer (Vespers) with Exposition, Adoration and Benediction** | Sundays, 6-7 p.m. at IHM

March 5      March 12      March 19      March 26      April 2      April 9

**Tuesday Evenings in Lent** | **ALPHA** 6:00 – 8:00 p.m. in the Parish Hall, “Is There More to Life Than This?” something for everyone, come one time or for all sessions—a relaxed dinner, followed by a presentation and group discussion—no cost, no obligation—childcare provided. See the other side of this page for more details.

March 7      March 14      March 21      March 28      April 4      April 11

**Lenten Fish Fry** | Served on Fridays in the Parish Hall, 5-7 p.m. – fundraiser for Knights of Columbus Mission Activities

March 3      March 10      March 17      March 24      March 31      April 7      April 14

**Stations of the Cross** | **All** Stations of the Cross are Friday evenings at 7 p.m. at both St. Joseph’s and IHM

March 3      March 10      March 17      March 24      March 31      April 7      April 14

**Holy Thursday - April 13**, 7 p.m. Mass of the Lord’s Supper & “Washing of the Feet” – **Incense will be used.**

**Good Friday – April 14** (IHM offices closed.)

<u>Walk to Chimayo</u>	<u>Celebration of the Passion of the Lord</u>	<u>Stations of the Cross</u>
6:30 a.m. – Meet at either the IHM or St. Joseph’s parking lot	3 p.m. in the Main Church. This is the principal liturgical event of Good Friday and all are encouraged to attend	7 p.m. at both IHM & St. Joseph’s

**The Divine Mercy Novena** begins on Good Friday, April 14<sup>th</sup>, at both IHM (in the chapel) and St. Joseph’s at 2pm and continues every day at 3pm at both locations through April 23rd.

**Holy Saturday – April 15**, 4 p.m. – Easter baskets of food will be blessed.

**Easter Vigil – April 15, 8:30 p.m.** This is the most significant liturgy of the year following the ancient traditions of the early church (from the *Apostolic Tradition* recorded by St. Hippolytus in the early 3<sup>rd</sup> century). We bless the new fire, the *Light of Christ*, from which the Paschal candle is lit and we bless the water of Baptism. The Easter Vigil truly celebrates our Salvation, made possible by Christ’s Resurrection. Catechumens will be baptized and others will enter into full communion with the Catholic Church. The Vigil will last approximately Three hours and satisfies the Easter Sunday obligation. **Incense will be used.**

**Easter Sunday – April 16**, Masses at 9 a.m. and 11:30 a.m. The Easter Egg Hunt follows the 11:30 a.m. Mass.

**Divine Mercy Sunday – April 23**, The “Divine Mercy” Holy Hour of Prayer and Benediction at IHM at 3:00 p.m.

## **Lenten Guidelines**

- **Abstinence** from meat is to be observed by all Catholics 14 years and older on Ash Wednesday and on all Fridays.
- **Fasting** is to be observed on Ash Wednesday and Good Friday by all Catholics who are between 18 and 59 ½ years of age. Those who are bound by this may take one full meal and two smaller meals are permitted, if necessary, to maintain strength according to one’s needs, but eating solid foods between meals is not permitted.
- **Paschal fast and abstinence** are prescribed for Good Friday and encouraged for Holy Saturday. By the threefold discipline of **fasting, almsgiving and prayer** we keep Lent from Ash Wednesday until the evening of Holy Thursday. All of the faithful and catechumens should undertake serious practice of these three traditions.

## **Remember the Less Fortunate**

As part of our Lenten program of **prayer, fasting, sacrifice and works of charity**, we suggest that all parishioners donate a portion of monies saved from reduced meal preparation and food intake to help the needy of Northern New Mexico and abroad. Please make checks payable to IHM with the memo line: “Rice Bowl”.

# Every Week for Lent 2017:



## Sunday Evenings at 6pm

### Exposition of the Blessed Sacrament Sunday Evening Prayer and Benediction

Join us for Evening Prayer (Vespers) and an hour of quiet prayer in the presence of the Blessed Sacrament as we prepare our hearts to celebrate the Passion of the Lord—all Sundays evening in Lent from 6pm to 7pm in the main sanctuary at IHM.



## Penance Service - Monday, March 20 - 6pm

### And Additional Confession Times—Sundays between

**Masses and after the 11:30 Mass, Thursdays 4 – 5:15 p.m.;**

**Fridays after the 12:10 p.m. Mass, in addition to the**

**Regular Times** — Saturdays 2 p.m.–3 p.m. except March 25 (White

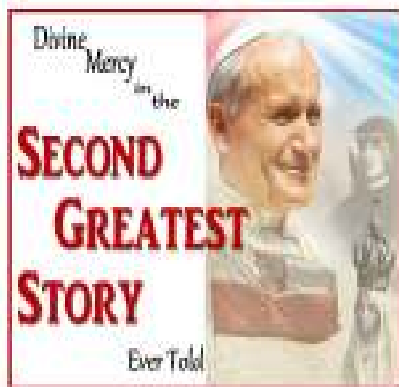
Rock at 3 p.m.) — Holy Thursday, 4pm to 6pm. NO Confessions on

Thursday, April 6, Good Friday (April 14) or Holy Saturday (April 15).

## Wednesday, 6pm - 8pm at IHM

## Tuesday, 10:00 am - in White Rock

Join us for Fr. Michael Gaitley's newest study—small groups begin in White Rock on Tuesday, Feb, 28, at 10:00 a.m., and began at IHM on Wednesday Feb. 22<sup>nd</sup>, at 6 p.m. (we will skip Ash Wednesday) – with dinner, video presentation and discussion. Contact Cathy Kohlrust in the JP II Center for further information.



## Tuesdays, 6pm - 8pm - Come One and All!

**Began on Tuesday, February 7<sup>th</sup>** — Whether you grew up Christian, have never belonged to a church or been baptized, **Alpha** is for everyone. Come explore life's questions. Each week we will enjoy a relaxed meal and a short talk on various aspects of Christianity.

Discussions in small groups finish out the evening —ask any question and discuss your opinions freely with others. No commitment and no cost. Childcare provided.



## Friday, Fish Fry and Stations of the Cross

Join us for the traditional Lenten Fish Fry served by the **Knights of Columbus and Youth Ministries**, from 5pm to 7pm in the Parish Hall. Then join us in Church at 7pm for the **Stations of the Cross**, led by members of the K of C— both will take place every Friday in Lent, including Good Friday.

