

# - 2018 - Lenten Dates to Remember - 2018 -

**Ash Wednesday, February 14<sup>th</sup>**, Mass & Distribution of Ashes: 6:30 am, 12:10 pm, & 6 pm at IHM in Los Alamos  
Liturgy of the Word & Service of Ashes Only: 6 pm – St. Joseph’s in White Rock

## Mass Schedule

<u>Day</u>	<u>Mass Times</u>
Sunday	9 a.m., 11:30 a.m.
Monday	6:30 a.m., 9 a.m.
Tuesday	6:30am, 9am-St. Joseph’s, White Rock
Wednesday	(No Mass on Wednesday)
Thursday	5:30 p.m. (Except March 22 and 29)
Friday	12:10 p.m. (Except March 30)
Saturday	4 p.m.-St. Joseph’s; 6 p.m.-IHM

<u>Confession Times</u>
<b>Sunday:</b> Between Masses and after 11:30 a.m. Mass until last penitent
<b>Penance Service:</b> 6:00 p.m. at IHM, Monday, March 19 <sup>th</sup> —with 6 priests.
<b>Thursday:</b> 4:00 - 5:15 p.m.; NO Confessions on Thursday 3/22-Christm Mass
<b>Friday:</b> after the 12:10pm Mass (NO CONFESSIONS on Good Friday)
<b>Saturday:</b> 2 p.m. at IHM <i>except Holy Saturday 3/31, and last Saturday of the month</i> Last Saturday of February (2/24) 3 p.m.—at St. Joseph’s in White Rock

## **Sunday Evening Prayer (Vespers) with Exposition, Adoration and Benediction** | Sundays, 6-7 p.m. at IHM

February 18      February 25      March 4      March 11      March 18      March 25

**Tuesday Evenings in Lent | Discipleship Retreat** 6:00 – 8:00 p.m. in the Parish Hall, something for everyone, come one time or for all sessions—a relaxed dinner, followed by a video presentation with Fr. John Riccardo and group discussion—no cost, no obligation—childcare provided. See the other side of this page for more details.

February 20      February 27      March 6      March 13      March 20

**Lenten Fish Fry** | Served on Fridays in the Parish Hall, 5-7 p.m. – fundraiser for Knights of Columbus Mission Activities

February 16      February 23      March 2      March 9      March 16 (YM)      March 23      March 30

**Stations of the Cross** | All Stations of the Cross are Friday evenings at 7 p.m. at both St. Joseph’s and IHM

February 16      February 23      March 2      March 9      March 16      March 23      March 30

**Holy Thursday - March 29**, 7 p.m. Mass of the Lord’s Supper & “Washing of the Feet” – **Incense will be used.**

**Good Friday – March 30** (IHM offices closed.)

<b>Walk to Chimayo</b> 6:30 a.m. – Meet at either the IHM or St. Joseph’s parking lot	<b>Celebration of the Passion of the Lord</b> 3 p.m. in the Main Church. This is the principal liturgical event of Good Friday and all are encouraged to attend	<b>Stations of the Cross</b> 7 p.m. at both IHM & St. Joseph’s
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**The Divine Mercy Novena** begins on Good Friday, March 30<sup>th</sup>, at both IHM (in the main church) and St. Joseph’s at 2 p.m. and continues every day at 3 p.m. at both locations (in the chapel at IHM) through April 7<sup>th</sup>.

**Holy Saturday – March 31**, 4 p.m. – Easter baskets of food will be blessed – IHM Church Lobby.

**Easter Vigil – March 31, 8:30 p.m.** This is the most significant liturgy of the year following the ancient traditions of the early church (from the *Apostolic Tradition* recorded by St. Hippolytus in the early 3<sup>rd</sup> century). We bless the new fire, the *Light of Christ*, from which the Paschal candle is lit and we bless the water of Baptism. The Easter Vigil truly celebrates our Salvation, made possible by Christ’s Resurrection. Catechumens will be baptized and others will enter into full communion with the Catholic Church. The Vigil will last approximately three hours and satisfies the Easter Sunday obligation. **Incense will be used.**

**Easter Sunday – April 1st**, Masses at 9 a.m. and 11:30 a.m. The Easter Egg Hunt follows the 11:30 a.m. Mass.

**Divine Mercy Sunday – April 8th**, The “Divine Mercy” Holy Hour of Prayer and Benediction at IHM at 3:00 p.m.

## **Lenten Guidelines**

- **Abstinence** from meat is to be observed by all Catholics 14 years and older on Ash Wednesday and on all Fridays.
- **Fasting** is to be observed on Ash Wednesday and Good Friday by all Catholics who are between 18 and 59 ½ years of age. Those who are bound by this may take one full meal and two smaller meals are permitted, if necessary, to maintain strength according to one’s needs, but eating solid foods between meals is not permitted.
- **Paschal fast and abstinence** are prescribed for Good Friday and encouraged for Holy Saturday. By the threefold discipline of **fasting, almsgiving and prayer** we keep Lent from Ash Wednesday until the evening of Holy Thursday. All of the faithful and catechumens should undertake serious practice of these three traditions.

## **Remember the Less Fortunate**

As part of our Lenten program of **prayer, fasting, sacrifice and works of charity**, we suggest that all parishioners donate a portion of monies saved from reduced meal preparation and food intake to help the needy of Northern New Mexico and abroad. Please make checks payable to IHM with the memo line: “Rice Bowl”.

# Every Week for Lent 2018:



## Sunday Evenings at 6pm

### Exposition of the Blessed Sacrament Sunday Evening Prayer and Benediction

Join us for Evening Prayer (Vespers) and an hour of quiet prayer in the presence of the Blessed Sacrament as we prepare our hearts to celebrate the Passion of the Lord—all Sundays evening in Lent from 6pm to 7pm in the main sanctuary at IHM.



## Penance Service - Monday, March 19 - 6pm

**And Additional Confession Times**—Sundays between Masses and after the 11:30 Mass, **Thursdays** 4 – 5:15 p.m.; **Fridays** after the 12:10 p.m. Mass, in addition to the **Regular Times** — Saturdays 2 pm–3 pm except February 24 (White Rock at 3 pm) — Holy Thursday, 4pm - 6pm. NO Confessions on Thursday, March 22 (Christm Mass), Good Friday (March 30) or Holy Saturday (March 31).



## Tuesdays, 6pm - 8pm - Come One and All!

**Begins on Tuesday, February 20<sup>th</sup>** — Discipleship Retreat. Go deeper this Lent—What does it mean to live out discipleship? What is the cost of discipleship? What are its rewards? Each week we will enjoy a relaxed meal and a video presentation by Fr. John Riccardo on various aspects of Discipleship. Small group discussions finish out the evening —ask any question and discuss your opinions freely with others. No commitment and no cost. Childcare provided.



## Friday, Fish Fry and Stations of the Cross

Join us for the traditional Lenten Fish Fry served by the Knights of Columbus and Youth Ministries, from 5pm to 7pm in the Parish Hall. Then join us in Church at 7pm for the Stations of the Cross, led by members of the K of C— both will take place every Friday in Lent, including Good Friday.

P.S. Have you joined FORMED.ORG? We have a parish subscription and your membership is **FREE!** Go to [www.formed.org](http://www.formed.org), enter your details and use parish code: EGHYJW