

- 2019 - Lenten Dates to Remember - 2019 -

Ash Wednesday, March 6th – at IHM in Los Alamos: Mass & Distribution of Ashes: 6:30 a.m., 12:10 p.m., and 6 p.m.

Mass Schedule – at St. Joseph’s in White Rock: Liturgy of the Word & Service of Ashes only at 6 p.m.

Day	Mass Times
Sunday	9 a.m., 11:30 a.m.
Monday	6:30 a.m., 9 a.m.
Tuesday	6:30am, 9am-St. Joseph’s, White Rock
Wednesday	(No Mass on Wednesday)
Thursday	5:30 p.m. (Except April 11 and 18)
Friday	12:10 p.m. (Except April 19)
Saturday	4 p.m.-St. Joseph’s; 6 p.m.-IHM (Except April 20-Easter Vigil, 8pm)

Confession Times
Sunday: (no Confessions scheduled)
Penance Service: 6:00 p.m. at IHM, Monday, March 25th—with 6 priests.
Thursday: 4:00 - 5:15 p.m.; NO Confessions on Thursday 4/11-Christm Mass
Friday: after the 12:10 p.m. Mass (NO CONFESSIONS on Good Friday)
Saturday: 2 p.m. at IHM <i>except Holy Saturday 4/20, and last Saturday of the month</i> Last Saturday of March (3/30) 3 p.m.—at St. Joseph’s in White Rock

Sunday Evening Prayer (Vespers) with Exposition, Adoration and Benediction | Sundays, 6-7 p.m. at IHM

March 10 March 17 March 24 March 31 April 7 April 14

Tuesday Evenings in Lent | LYFE U 6:00 – 8:00 p.m. in the Parish Hall, something for everyone — a relaxed family dinner, followed by 3 options: 1) **Discipleship Retreat** (Fr. John Riccardo’s videos/discussion); 2) **“Fulfilled”** (materials and videos by Sonja Corbitt) and 3) **“Building a Bridge”** between the Church and LGBTQ communities—studying and discussing the book by Fr. James Martin (copy provided) — childcare provided. See the other side for more details.

March 5-“Fat March 12 March 19 March 26 April 2 April 9 April 16
Tuesday” Party Studies begin

Lenten Fish Fry | Served on Fridays in the Parish Hall, 5-7 p.m. – fundraiser for Knights of Columbus Mission Activities

March 8 March 15 March 22 March 29 NONE April 12 (Youth) April 19

Stations of the Cross | All Stations of the Cross are Friday evenings at 7 p.m. at both St. Joseph’s and IHM

March 8 March 15 March 22 March 29 NONE April 12 April 19

Children’s Stations of the Cross | Friday evenings at 5:30 p.m. at IHM on March 8, March 15, April 12 and April 19

Holy Thursday - April 18, 7 p.m. Mass of the Lord’s Supper & “Washing of the Feet” – **Incense will be used.**

Good Friday – April 19 (IHM offices closed.)

<p style="text-align: center;">Walk to Chimayo</p> <p>6:30 a.m. – Meet at either the IHM or St. Joseph’s parking lot.</p>	<p style="text-align: center;">Celebration of the Passion of the Lord</p> <p>3 p.m. in the Main Church. This is the principal liturgical event of Good Friday and all are encouraged to attend.</p>	<p style="text-align: center;">Stations of the Cross</p> <p>7 p.m. at both IHM & St. Joseph’s</p>
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The Divine Mercy Novena begins on Good Friday, April 19th, at both IHM (in the main church) and St. Joseph’s at 2 p.m. and continues every day at 3 p.m. at both locations (in the chapel at IHM) through April 27th.

Holy Saturday – April 20, 4 p.m. – Easter baskets of food will be blessed—IHM Church Lobby.

Easter Vigil – April 20, 8:00 p.m. This is the most significant liturgy of the year following the ancient traditions of the early church (from the *Apostolic Tradition* recorded by St. Hippolytus in the early 3rd century). We bless the new fire, the *Light of Christ*, from which the Paschal candle is lit and we bless the waters of Baptism. The Easter Vigil truly celebrates our Salvation, made possible by Christ’s Resurrection. Catechumens will be baptized and others will enter into full communion with the Catholic Church. The Vigil will last approximately three hours and satisfies the Easter Sunday obligation. **Incense will be used.**

Easter Sunday – April 21, Masses at 9 a.m. and 11:30 a.m. The Easter Egg Hunt follows the 11:30 a.m. Mass.

Divine Mercy Sunday – April 28, the “Divine Mercy” Holy Hour of Prayer and Benediction at IHM at 3:00 p.m.

Lenten Guidelines

- **Abstinence** from meat is to be observed by all Catholics 14 years and older on Ash Wednesday and on all Fridays.
- **Fasting** is to be observed on Ash Wednesday and Good Friday by all Catholics who are between 18 and 59 ½ years of age. Those who are bound by this may take one full meal and two smaller meals are permitted, if necessary, to maintain strength according to one’s needs, but eating solid foods between meals is not permitted.
- **Paschal fast and abstinence** are prescribed for Good Friday and encouraged for Holy Saturday. By the threefold discipline of **fasting, almsgiving and prayer** we keep Lent from Ash Wednesday until the evening of Holy Thursday. All of the faithful and catechumens should undertake serious practice of these three traditions.

Remember the Less Fortunate

As part of our Lenten program of **prayer, fasting, sacrifice and works of charity**, we suggest that all parishioners donate a portion of monies saved from reduced meal preparation and food intake to help the needy of Northern New Mexico and abroad. Please make checks payable to IHM with the memo line: “Rice Bowl”.

Activities for Lent 2019:



Evening Prayer - Sunday Evenings at 6pm

– Exposition of the Blessed Sacrament –
Sunday Evening Prayer and Benediction

Join us for Evening Prayer (Vespers) and an hour of quiet prayer in the presence of the Blessed Sacrament as we prepare our hearts to celebrate the Passion of the Lord—all Sunday evenings in Lent from 6pm to 7pm in the main sanctuary at IHM.



Tuesdays, 6pm - 8pm - Come One and All!

Begins on Tuesday, March 5th with a "Mardi Gras" Party! — We begin the evening with a relaxed dinner with family and friends, then send the children to Childcare and participate in one of three options:

- 1) "Discipleship Retreat" with Fr. John Riccardo—insight-filled and thought-provoking videos followed by discussion and group/shared prayer;
- 2) "Fulfilled" (with book, study guides and videos by Sonja Corbitt) and
- 3) "Building a Bridge" between the Church and LGBTQ communities—studying and discussing the book by Fr. James Martin (copy provided to all participants.)

Small group discussions finish out the evening —ask any question and discuss your opinions freely with others. No commitment and no cost. Childcare provided.



Penance Service - Monday, March 25 - 6pm

Join in the Penance Service, (with the option for private Confession) beginning at 6pm on Monday, March 25th—this will be a quiet time of preparation for Holy Week/Easter. And Note the Additional Confession Times—Thursdays 4 - 5:15 pm; Fridays after the 12:10 pm Mass, in addition to the Regular Times — Saturdays 2 - 3 pm except March 30 (White Rock at 3 pm) — Holy Thursday, (April 18) 4 - 6pm. NO Confessions on Thursday, April 11th (Chrism Mass), Good Friday (April 19th) or Holy Saturday (April 20th).



Friday and Saturday - April 5 and 6 A Weekend of Healing and Hope

Tickets are \$57 for one and \$76 for one plus a guest. They can be purchased in the Church office or online at immaculee.com. Scholarships available!—call the office.

When the Rwandan Genocide began in 1994, Immaculée's father sent her to hide in a neighbor's home. There she huddled in a 3x4 bathroom with seven other women. This weekend offers an opportunity for all to seek the hope and peace that Immaculée experienced in the midst of the horrors. Light meals and childcare provided. A more detailed schedule can be found at immaculee.com (To call the Parish Office: 662-6193)



Friday, Fish Fry and Stations of the Cross

Join us for the traditional Lenten Fish Fry served by the Knights of Columbus and Youth Ministries, from 5pm to 7pm in the Parish Hall. Then join us in Church at 7pm for the **Stations of the Cross**, led by the K of C— both will take place every Friday in Lent (except April 5th), including Good Friday. Children's Stations of the Cross at 5:30pm on March 8th & 15th and April 12th & 19th.

P.S. Have you joined FORMED.ORG? It's absolutely the BEST in online Catholic Media — our parish subscription makes your membership **FREE!** Go to www.ihmcc.formed.org, to sign up!