

## **New Order of Penance**

Recently the Congregation for Divine Worship and the Discipline of the Sacraments has confirmed the new English translation of the Order of Penance for Liturgical use in the United States. This new translation can be used starting Ash Wednesday, February 22, 2023 and must be used by Divine Mercy Sunday, April 16, 2023. The change is that there is a new translation of the Prayer of Absolution that the Priest must be using by April 16, 2023.

## **New Prayer of Absolution**

God, the Father of mercies, through the Death and Resurrection of His Son has reconciled the world to himself and *poured out the Holy Spirit* for the forgiveness of sins; through the ministry of the Church may God *grant* you pardon and peace. AND I ABSOLVE YOU FROM YOUR SINS, IN THE NAME OF THE FATHER, AND OF THE SON, AND OF THE HOLY SPIRIT.  
Amen

There is also a new Act of Contrition, but the penitent is invited to express his or her contrition in these or similar words, so if you prefer you can use the Act of Contrition that you have been using.

## **New Act of Contrition**

O my God, I am sorry and repent with all my heart for all the wrong I have done and for the good I have failed to do, because by sinning I have offended you, who are all good and worthy to be loved above all things. I firmly resolve, with the help of your grace, to do penance, to sin no more, and to avoid the occasions of sin. Through the merits of the Passion of our Savior Jesus Christ, Lord, have mercy. Amen